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Soup of the Day	€7.00
Served with our freshly baked penny loaf. (dairy, wheat)	
Irish Chowder Haddock, smoked cod, hake, king prawns, new potatoes in rich white wine sauce with traditional brown soda bread. (celery, crustaceans, fish, milk, molluscs, sulphites, wheat)	€9.50
Classic Caesar Salad (vegan on request) Romaine lettuce, rosemary croutons, parmesan shavings and smoked pancetta. (crustaceans, egg, fish, milk, wheat) Main €11.50 Add Chicken €4.00 Add Prawns €5.00 (crustaceans)	€7.50
Tomato Prosciutto Caprese Fresh basil, baby mozzarella, heirloom tomatoes, mint vinaigrette. (egg, milk, mustard, sulphites)	€9.80
Tempura Wild Atlantic Prawns Minted mango yoghurt, watercress, charred lemon. (crustaceans, milk, molluscs, wheat)	€9.50
Goat's Cheese, Pear & Pecan Tart Dressed green leaves, a rich sherry vinegar reduction, toasted grains. (egg, pecan nuts, milk, sesame seeds, wheat)	€9.90
Garlic & Herb Flatbread Dressed green leaves, dehydrated cherry tomatoes. (egg, mustard, wheat)	€8.50
Panko Moroccan Lamb Spiced chickpeas, house tzatziki, harissa aioli. (eggs, milk, mustard, soy, wheat)	€12.00
Mains Wild Mushrooms & Riesling Wine Rigatoni Charred leeks, shaved Parmesan, virgin olive oil. (milk, mustard, sulphites, wheat) Add Chicken €4.00 Add Prawns €5.00 (crustaceans)	€13.50
Super Food Thai Yellow Curry Roasted courgettes, snap peas, chickpeas, jasmine rice and our house flatbread. (crustaceans, molluscs, mustard, soy, wheat) Add Chicken €4.00 Add Prawns €5.00 (crustaceans)	€13.50
Supreme of Chicken & Sauté Portobello Mushrooms Smoked pancetta lardons, parmesan crisp, champ mash, tarragon jus. (milk, sulphites)	€18.50
Slow Braised Shoulder of Irish Lamb Sautéed bacon, cabbage, carrot puree, garlic and thyme potato. (milk, sulphites)	€25.00
Grilled Salmon & Citrus New Potatoes Avocado cream, roasted spiced cauliflower, lemon pesto. (eggs, fish, milk, wheat)	€26.00



Heart of the IFSC —

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Harbourmaster Famous Chicken Wings Choice of Spicy Butter Sauce, our Bourbon BBQ Sauce or Classic Salt & Chilli. (celery, milk, mustard, sulphites) Wings & Fries €14.50 (wheat) Add Blue cheese €1.00 (milk)	€12.00
Traditional Battered Fish & Chips Minted pea puree, house tartar sauce, charred lemon. (eggs, fish, mustard, wheat)	€17.50
Southern Fried Chicken Tenders & French Fries Pepper sauce, garlic mayonnaise, garnish. (egg, milk, mustard, wheat)	€16.00
Burgers Chuck & Brisket Beef Burger Brioche bun, smoked cheddar, little gem lettuce, fresh tomatoes, smoked pancetta, house relish. Add onions €1 Make a Double €16.50 (egg, milk, mustard, sulphites)	€13.50
Buttermilk Fried Chicken Burger Brioche bun, Monterey cheese, little gem lettuce, fresh tomatoes, avocado salsa. (egg, milk, mustard, sulphites, wheat)	€15.00
Loughnane's Veef Burger Little gem lettuce, fresh tomatoes, avocado salsa, vegan cheddar. (mustard, sesame seeds, soy, sulphites, wheat)	€18.00
Irish Beef Steaks 80z Rib Eye Portobello mushrooms, house fries, choice of 1 of sauce - triple peppercorn sauce, garlic butter or béarnaise. (egg, milk, sulphites)	€37.00
10oz Sirloin Steak Portobello mushrooms, house fries, choice of 1 of sauce - triple peppercorn sauce, garlic butter <u>or</u> béarnaise. (egg, milk, sulphites)	€37.00
Lava Steak on the Stone (be careful extremely hot stone) 80z Rib Eye Portobello mushrooms, house fries, garlic butter, peppered sauce, béarnaise. (egg, milk, sulphites)	€35.00
10oz Sirloin Steak Portobello mushrooms, house fries, garlic butter, peppered sauce, béarnaise. (egg, milk, sulphites)	€35.00

Sides (upgrade $\ensuremath{\epsilon}1$)

French Fries (wheat)	€4.00	Sautéed Portobello Mushrooms (milk)	€5.00
Green Leaf Salad	€5.00	Sautéed Baby Potatoes (milk)	€5.00
Creamy Champ Mash (milk)	€5.00	Seasonal Veaetables (milk)	€5.00

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